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## Crock Pot Easy Pot Roast

We've adapted this recipe from Phyllis Good's Fix-it and Forget-it Cookbook. Just throw the ingredients in the slow cooker in the morning, and you'll have a meal that the whole family will love by dinnertime. Prep: 10 mins Cook: 6 hrs Total: 6 hrs 10 mins Yield: 4 servings



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