# **Intercoastal Medical Group**

Thomas Glembocki

11/06/1946, M

Displaying data as of 02/07/24 - 02/07/25 Information about active health conditions may be included, even if it falls outside of the selected date range.



# Vitals History

Date	07/08/2024
BP	132/88
Height	72.8"
Weight	217.6 lbs
BMI	28.90 kg/m²

# Allergies and Intolerances

**No Known Allergies and Intolerances** 

#### Patient #597196

# Social History

### Daily coffee consumption was one cups per day

Last Updated: 10/23/2024

### Bachelors degree completed

Last Updated: 07/08/2024

#### Lives in private residence

Last Updated: 07/08/2024

#### Never a smoker

Not using drugs
Last Updated: 07/08/2024

### DME in home: grab bars in shower/tub

Last Updated: 05/30/2023

Not using alcohol Last Updated: 05/30/2023

Volunteer work Last Updated: 05/30/2023

### Amount of sleep was eight hours/day Last Updated: 10/21/2020

Caffeine use Last Updated: 10/21/2020

### Care Plan

No recorded Care Plan

### Care Team

**Steven J Czak, DO** +1 941 366 1888 965 S Beneva Rd Sarasota, FL 34232-2401

### Jesus B Perez, MD +1 941 379 1777 943 S Beneva Rd Ste 210 Sarasota, FL 34232

Anthony J Spinella, MD, Primary Care Physician +1 941 921 6618

8592 Potter Park Dr

Sarasota, FL 34238

# **Current Medications**

Tamsulosin HCl 0.4 MG Oral Capsule Instructions: TAKE 1 CAPSULE BY MOUTH ONCE DAILY Dose: 1 Frequency: once a day Active February 03 , 2025 Exercising regularly walking Last Updated: 10/21/2020

Currently married Last Updated: 10/21/2020

Housing with smoke detectors Last Updated: 10/21/2020

Lives with spouse
Last Updated: 10/21/2020

Retired from work Last Updated: 10/21/2020

Using a seatbelt Last Updated: 10/21/2020

Using sunscreen Last Updated: 10/21/2020

Smoking Status Unknown

# Lab Results

Lab results uploaded as documents or images are not available here; Contact your practice to obtain them

### Comprehensive metabolic (CMP, Q#10231 L#322000)

01/31/2025	RESULT	NORMAL
A/G	1.6	(1.0-2.5)
ALB	4.1 g/dL	(3.2-4.8)
ALP	76 U/L	(46-116)
ALT(PT)	42 U/L	(10-49)

Rosuvastatin Calcium 10 MG Oral Tablet Instructions: Take 1 tablet every evening Active July 08, 2024

Metoprolol Tartrate 25 MG Oral Tablet Instructions: 1/2 daily in am Frequency: once a day Active October 25, 2023

Aspirin 81 81 MG Oral Tablet Delayed Release QTY: 0 tablet Days: 0 Refills: 0 Written: 08/10/23 Dose: 1 Frequency: once a day Active August 10, 2023

# **Past Medications**

Tamsulosin HCl 0.4 MG Oral Capsule Instructions: TAKE 1 CAPSULE BY MOUTH ONCE DAILY Dose: 1 Frequency: once a day Inactive February 12, 2024 Tamsulosin HCl 0.4 MG Oral Capsule QTY: 0

capsule Days: 0 Refills: 0 Written: 11/22/23 Dose: 1 Frequency: once a day Inactive November 22, 2023

Metoprolol Tartrate 25 MG Oral Tablet Instructions: in am Frequency: once a day

AST(OT)	35 U/L	(0-34)
B/C Ratio	14.4 Ratio	(12.0-20.0 )
Bun	16.0 mg/dL	(9.0-23.0 )
Ca	9.1 mg/dL	(8.7-10.4 )
cGFR	>60.00 ML/MIN/1 .73M2	(>60.00)
CL	107 mmol/L	(99-109)
Crea	1.1 mg/dL	(0.7-1.3)
Glob	2.5 g/dL	(1.9-3.7)
Glu	85 mg/dL	(74-106)
К	4.2 mmol/L	(3.5-5.5)
NA	142 mmol/L	(132-146 )
Tbil	0.70 mg/dL	(0.00-1.20 )
TCO2	29 mmol/L	(20-31)
ТР	6.6 g/dL	(5.7-8.2)

Intercoastal Medical Group

Lab Address: 943 S Beneva Rd, Ste 102, Sarasota, FL, 34232-2473

Notes:

cGFR:

PLEASE NOTE: IF PATIENT IS OF AFRICAN AMERICAN / BLACK Inactive October 25, 2023

Claritin 10 MG Oral Tablet Instructions: Once a day Dose: 1 Frequency: once a day Inactive September 27 , 2023

### methylPREDNISolone 4 MG Oral Tablet Therapy Pack Instructions: take as directed Inactive September 27, 2023

Metoprolol Tartrate 25 MG Oral Tablet Instructions: 1/2 tablet bid Frequency: once a day Inactive August 31, 2023

Rosuvastatin Calcium 10 MG Oral Tablet Instructions: Take 1 tablet every evening Inactive August 31, 2023

Tamsulosin HCl 0.4 MG Oral Capsule Instructions: Once a day Dose: 1 Frequency: once a day Inactive August 24, 2023

traMADol HCl 50 MG Oral Tablet QTY: 0 tablet Days: 0 Refills: 0 Written: 08/10/23 Dose: 1 Frequency: 4 times a day Inactive August 10, 2023 DESCENT MULTIPLY RESULTS BY 1.210

Lipid Profile w/Reflex Direct LDL(Q#14852, LC#235010)

01/31/2025	RESULT	NORMAL
DHDL	41 mg/dL	
Chol	122 mg/dL	(10-200)
HDL Risk	3.0	(0.0-5.0)
LDLD Cholesterol	69.0 mg/dL	(0.0-160.0 )
TGL	86 mg/dL	(0-150)

Intercoastal Medical Group

#### Lab Address:

943 S Beneva Rd, Ste 102, Sarasota, FL, 34232-2473

Notes:

#### HDL Risk:

.....OPTIMAL DESIRABLE BORDERLINE HIGH RISK VERY HIGH CHOLESTEROL <200 200-240 >240 TRIGLYCERIDE <150 150-199 200-500 >500 LDL CHOL DIR <100 100-129 130-160 160-189 >/=190 HDL CHOLEST >/=60 <40 The above guidelines follow the national cholesterol education program (NCEP) adult treatment panel III revisions. They are intended to inform, not replace, the physician's clinical judgement. Other risk factors must be Acetaminophen 325 MG Oral Tablet QTY: 0 tablet Days: 0 Refills: 0 Written: 08/10/23 Inactive

August 10 , 2023

Amiodarone HCl 200 MG Oral Tablet QTY: 0 tablet Days: 0 Refills: 0 Written: 08/10/23 Dose: 1 Frequency: 2 times a day Inactive August 10, 2023

Furosemide 40 MG Oral Tablet QTY: 0 tablet Days: 0 Refills: 0 Written: 08/10/23 Dose: 1 Frequency: once a day Inactive August 10, 2023

Metoprolol Tartrate 25 MG Oral Tablet QTY: 0 tablet Days: 0 Refills: 0 Written: 08/10/23 Frequency: once a day Inactive August 10, 2023

Multivitamin Oral Tablet QTY: 0 tablet Days: 0 Refills: 0 Written: 08/10/23 Dose: 1 Frequency: once a day

Inactive

August 10 , 2023

Potassium Chloride Crys ER 10 MEQ Oral Tablet Extended Release QTY: 0 tablet Days: 0 Refills: 0 Written: 08/10/23 Dose: 1 Frequency: 2 times a day Inactive August 10, 2023

Tamsulosin HCI 0.4 MG Oral Capsule QTY: 0

considered in establishing therapeutic goals.

PSA (SCREENING)	PSA	(SCREENING)
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01/31/2025	RESULT	NORMAL
PSA (Screen)	1.170 ng/ml	(0.000- 4.000 )

Intercoastal Medical Group

Lab Address: 943 S Beneva Rd, Ste 102, Sarasota, FL, 34232-2473

# CBC (inc diff and platelet count)(Q#6399, LC#005009)

01/31/2025	RESULT	NORMAL
BA#	0.1 3/uL	(0.0-0.2)
BA%	1.0 %	(0.0-2.5)
EO#	0.2 3/uL	(0.0-0.7)
EO%	3.2 %	(0.0-7.0)
Hematocrit (Hct)	41.8 %	(40.9-49.7 )
Hemoglobin (Hgb)	14.0 g/dL	(13.9-17.1 )
IG#	0.01 x10*3/uL	(0.00-0.03 )
IG%	0.20 %	(0.00-1.00 )
LY#	1.9 3/uL	(0.5-3.2)
LY%	35.2 %	(10.0-50.0 )

capsule Days: 0 Refills: 0 Written: 08/10/23 Dose: 1 Frequency: once a day Inactive

August 10 , 2023

Lisinopril-hydroCHLOROthiazide 20-25 MG Oral Tablet

Instructions: Take 1 tablet by mouth once daily.

Dose: 1 Frequency: once a day Inactive June 06, 2023

Rosuvastatin Calcium 10 MG Oral Tablet Instructions: Take 1 tablet every evening Inactive May 30, 2023

Lisinopril-hydroCHLOROthiazide 20-25 MG Oral Tablet Instructions: Take 1 tablet by mouth once daily.

Dose: 1 Frequency: once a day Inactive March 30, 2023

Rosuvastatin Calcium 5 MG Oral Tablet Instructions: 1 tablet once daily Inactive March 08, 2023

Lisinopril-hydroCHLOROthiazide 20-25 MG Oral Tablet Instructions: Take 1 tablet by mouth once daily. Dose: 1 Frequency: once a day

Inactive

August 18 , 2022

МСН	31.4 Pg	(26.0-33.0 )
МСНС	33.5 g/dL	(31.0-36.0 )
MCV	94 fL	(81-97)
MO#	0.6 3/uL	(0.0-0.9)
M0%	10.8 %	(0.0-12.0 )
NE#	2.6 3/uL	(2.0-7.8)
NE%	49.6 %	(37.0-80.0 )
NRBC#	0.00 3/uL	(0.00-0.01 )
NRBC%	0.00 %	(0.00-0.20 )
Platelet Count	177 3/uL	(140-440 )
Red Blood Cell Count (RBC)	4.46 6/uL	(4.50-5.70 )
RDW	12.8 %	(11.5-14.5 )
White Blood Cell Count (WBC)	5.3 3/UL	(3.8-10.6 )

Intercoastal Medical Group

Lab Address:

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TSH, REFLEX FT4			
01/31/2025 RESULT NORMAL			
TSH	1.020 UIU/ML	(0.450- 4.500)	

LabCorp of America

Lisinopril-hydroCHLOROthiazide 20-25 MG Oral Tablet Instructions: Take 1 tablet by mouth once

daily

Inactive

May 12 , 2022

Lisinopril-hydroCHLOROthiazide 20-25 MG Oral Tablet Instructions: Take 1 tablet by mouth once daily

Inactive

May 10 , 2022

Lisinopril-hydroCHLOROthiazide 20-25 MG Oral Tablet

Instructions: Take 1 tablet by mouth once daily

Inactive

October 15 , 2021

Meloxicam 15 MG Oral Tablet Instructions: once a day Dose: 1 Frequency: once a day Inactive April 13, 2021

Lisinopril-hydroCHLOROthiazide 20-25 MG Oral Tablet Instructions: Once a day Dose: 1 Frequency: once a day Inactive April 12, 2021 Lisinopril-hydroCHLOROthiazide 20-25 MG

Oral Tablet QTY: 0 tablet Days: 0 Refills: 0 Written: 10/21/20

#### Lab Address:

943 S Beneva Rd, Ste 102, Sarasota, FL, 34232-2473

### **Reported Physicians**

01/31/2025 RI

5 RESULT NORMAL

ReportedSee NotePhysiciansImage: Constraint of the second seco

## Lab Address:

943 S Beneva Rd, Ste 102, Sarasota, FL, 34232-2473

Notes:

#### **Reported Physicians:**

Reported Physicians: Ordering: Spinella, Anthony Attending: SPINELLA, ANTHONY

RESULT	NORMAL
Lab Address:	
RESULT	NORMAL
Lab Address:	
RESULT	NORMAL
Lab Address:	

#### Dose: 1 Frequency: once a day

Inactive

October 21 , 2020

# Health Considerations

#### Aneurysm of the Ascending Aorta

Active

10/23/2024

#### Nontoxic Multinodular Goiter

Active

07/08/2024

### **Thyroid Cyst**

Inactive

08/31/2023

#### **Coronary Artery Disease**

Active

03/08/2023

### Arthralgia - Knee / Patella / Tibia / Fibula

Left

Active

04/13/2021

#### **Essential Hypertension**

Active

10/21/2020

#### Hyperlipidemia

Active

10/21/2020

RESUL	T I	NORMAL
Lab Addres	ss:	
RESUL	T I	NORMAL
Lab Addres	ss:	
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Lab Addres	ss:	
RESUL	.T I	NORMAL
Lab Addres	ss:	

RESULT

Lab Address:

# Procedures and Medical History

NORMAL

#### 01/31/2025

Venipuncture

Completed

### 01/31/2025 Lab-Prostate Cancer Screening Completed

01/31/2025 Lab-Hemogram & Platelet Count (CBC) Completed

01/31/2025 Lab-Lipid/coronary Risk Completed

01/31/2025 Lab-Comprehensive Metabolic Panel Completed

01/31/2025 PQRI Most recent LDL-C 100-129mg/dL Completed

**10/23/2024** *Electrocardiogram (EKG)* Completed

**07/16/2024** Fine Needle Aspiration; incl ultrasnd guid, first lesion

Completed

07/16/2024 Fine Needle Aspiration; incl ultrasnd guid, each addl lesion Completed

**07/15/2024** *Biopsy of thyroid* Completed

**07/08/2024** *History of nontoxic multinodular goiter* Completed

**07/08/2024** *History of coronary artery disease* Completed

**09/01/2023** *History of a CABG was done 7/2023 CABG x4 with Dr. Sell* Completed

**10/21/2020** *History of tonsillectomy* Completed

**10/21/2020** *History of essential hypertension* Completed

**10/21/2020** *History of hyperlipidemia* Completed

### Immunizations

#### Tdap

Dose: **.5 mL** Date administered: **02/06/2024** Administration Site: **Left Deltoid** Complete (Administered)

RSV (Abrysvo) Date recorded: 12/28/2023 Complete (Reported)

#### **RSV (Arexvy)**

Dose: **999** Date recorded: **12/28/2023** Administration Site: **Left Deltoid** Complete (Reported)

COVID-19 (Cominarty), 12+ Dose: 999 Date recorded: 12/15/2023 Administration Site: Right Deltoid Complete (Reported)

COVID-19 BV Booster (Pfizer) 12+ Date recorded: 12/15/2023 Complete (Reported)

Fluzone HD Quad Date recorded: 12/15/2023 Complete (Reported)

Influenza, FLUAD QUAD Dose: 999 Date recorded: 12/15/2023 Administration Site: Left Deltoid Complete (Reported)

**Covid-19 (Pfizer), Adult** *Date recorded:* **05/19/2023** Complete (Reported)

COVID-19 BV Booster (Pfizer) 12+ Dose: 999 Date recorded: 05/19/2023

Administration Site: Left Deltoid Complete (Reported)

Shingrix Dose: 999 Date recorded: 04/25/2023 Administration Site: Left Deltoid Complete (Reported)

**Zoster Vaccine, Live** *Date recorded:* **04/25/2023** Complete (Reported)

### Shingrix

Dose: **999** Date recorded: **01/31/2023** Administration Site: Left Deltoid Complete (Reported)

**Zoster Vaccine, Live** *Date recorded:* **01/31/2023** Complete (Reported)

COVID-19 BV Booster (Pfizer) 12+ Dose: 999 Date recorded: 09/14/2022 Administration Site: Left Deltoid Complete (Reported)

Fluzone HD Quad Dose: 999 Date recorded: 09/14/2022 Administration Site: Right Deltoid Complete (Reported)

Influenza Quadrivalent, PF (Flucelvax) Dose: 999 Date recorded: 09/01/2022 Complete (Reported)

**Covid-19 (Pfizer), 12+ yrs** Dose: **999** Date recorded: **05/04/2022** Administration Site: Left Deltoid Complete (Reported)

**Covid-19 (Pfizer), Adult** Dose: **999** Date recorded: **09/26/2021** Administration Site: Left Deltoid Complete (Reported)

Influenza, FLUAD QUAD Dose: 999 Date recorded: 09/26/2021 Administration Site: Right Deltoid Complete (Reported)

**Covid-19 (Pfizer), Adult** Dose: **999** Date recorded: **03/20/2021** Administration Site: **Left Deltoid** Complete (Reported)

**Covid-19 (Pfizer), Adult** Dose: **999** Date recorded: **02/27/2021** Administration Site: **Left Deltoid** Complete (Reported)

Fluzone HD Quad Dose: .7 mL Date administered: 10/21/2020 Administration Site: Left Arm Complete (Administered)

Influenza, Fluzone HD Triv Dose: 999 Date recorded: 01/09/2017 Administration Site: Left Deltoid Complete (Reported)

Demographics Patient Information:

ITEM	INFORMATION
First Name	Thomas
Middle Name	Not recorded
Last Name	Glembocki
Address	9579 Knightsbridge Circle, Sarasota, FL 34238
Home Phone Number	+1 999 999 9999
Cell Phone Number	+1 919 589 4240
Work Phone Number	Not recorded
Email Address	tomgle@gmail.com

### Additional Information:

Not recorded
11/06/1946
White
Not Hispanic or Latino
English

# Family History

Sororal history of breast cancer Last Updated: 07/08/2024

Last Documented On 07/10/2024 11:33PM ; Intercoastal Medical Group Last Updated:

Paternal history of cancer Last Updated: 07/08/2024

Last Documented On 07/10/2024 11:33PM ; Intercoastal Medical Group Last Updated:

Paternal history of father deceased Non-Hodgkins Lymphoma 78 Last Updated: 07/08/2024

Last Documented On 07/10/2024 11:33PM ; Intercoastal Medical Group Last Updated:

Maternal history of cancer Pancreatic Last Updated: 05/30/2023

Last Documented On 05/30/2023 8:47AM ; Intercoastal Medical Group Last Updated:

Maternal history of mother deceased 87 Last Updated: 05/30/2023

Last Documented On 05/30/2023 8:47AM ; Intercoastal Medical Group Last Updated:

1 children Last Updated: 10/21/2020

Last Documented On 10/21/2020 9:57AM ; Intercoastal Medical Group Last Updated:

Children Last Updated: 10/21/2020

Last Documented On 10/21/2020 9:57AM ; Intercoastal Medical Group Last Updated:

Sororal history of sister is alive x2 1. Breast

cancer 70 2. healthy Last Updated: 10/21/2020

Last Documented On 10/21/2020 9:57AM ; Intercoastal Medical Group Last Updated: